Case Study

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Case Background

- 13-year-old eighth grade girl (A.G.)
- Lives with only Mom: Mom divorced abusive Dad
- A.G. sent nude photos to boys in School
- A.G. lost some friends
- No Prior Diagnoses
- Student sought me out in the hallways of the school campus and asking to talk with me. I noticed student was very anxious and needing to talk. Student admitted to wanting to harm herself but did not have a plan. This is what lead to the risk assessment.





Assessment Screening Tools

<u>C-SSRS Rating Scale</u>

C-SSRS is a program that allows certain questions to be asked which will determine if the student needs immediate services such as going to the clinic. Parents must come pick up their child and student can't be alone at anytime. Parents signs form stating they are aware of the child's assessment. After child has been released next day counselors follow up with the student and family.

Safety Plan

Every Student must make a safety plan to keep with them, so they are aware of their warning signs. They also have contact numbers for people they know they can talk to.



Summary/Referrals

- After assessing A.G she was placed on the high-risk rating scale of the assessment. Parents were called immediately and student was not to leave our office.
- Upon parent arrival resources were provided such as clinic information, and permission slips were signed for COST Services. This leads to our social worker and outside agency resources.
- Parent took student to hospital. We followed up and found she was on a 51/50 hold for a few weeks at the hospital.
- Upon student's return in our follow up Student mentioned they placed her on medication, and it helped her cope with her feelings through out the day. Student is also receiving therapy from outside agencies.